

# *Craft Haymaker*

## **PINEAPPLE TURMERIC HAYMAKER**

**BRIGHT, TROPICAL, AND  
ANTI-INFLAMMATORY.**



### **INGREDIENTS:**

- ½ cup fresh pineapple chunks (lightly muddled)
- 3 tbsp apple cider vinegar
- 2 tbsp honey or maple syrup
- ½ tsp ground turmeric (or 1 tsp fresh grated turmeric root)
- 1 tsp grated ginger
- 1 liter cold sparkling water
- Ice + lime slices for serving

### **INSTRUCTIONS:**

1. Muddle pineapple with honey, turmeric, and ginger
2. Add apple cider vinegar and top with sparkling water
3. Stir well, strain if preferred, and serve over ice with lime